

St. Agnes Catholic Church

Terrier & Cherry Rd. Intersection, Sarcoxie, MO

Aug. 4, Eighteenth Sunday in Ordinary Time 1870

St. Agnes Catholic Church

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MASSES FOR AUG 4 – AUG 11

Saint Agnes

| | | |
|----------|------------|--------------------------|
| Sunday | 10:30 a.m. | +Loretta Batrkoski |
| Tuesday | 8:30 a.m. | Justice & Peace |
| Thursday | 8:30 a.m. | +Poor Souls in Purgatory |
| Sunday | 10:30 a.m. | +Martin Wagner |

St. Mary's

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| Monday | 8:15 a.m. | Rosary & Communion |
| Wed. | 8:15 a.m. | |
| Fri. | 8:15 a.m. | |
| Sat | 4:00 p.m. | |
| Sun. | 8:30 a.m. | |

EVENTS OF THE WEEK:

Tuesday, August 6

Rosary For Life at 8:00 a.m.

Feast of The Transfiguration of the Lord

Thursday, August 8

Memorial of Saint Dominic, Priest

Saturday, August 10

Feast of Saint Lawrence, Deacon and Martyr

UPCOMING EVENTS:

Wednesday, August 14

Memorial of Saint Maximilian Kolbe, Priest and Martyr

Thursday, August 15

Holy Day of Obligation - The Assumption of the Blessed Virgin Mary

Mass at St. Agnes 8:30 a.m. & St. Mary's 7:00 p.m.

YOUR GIFT TO THE CHURCH: \$ 2,524.00

ANNOUNCEMENTS:

| | <u>Readers</u> | <u>Servers</u> | <u>Extra Ordinary Min.</u> | <u>Gift Bearers & Ushers</u> |
|---------------|----------------|-----------------|--|----------------------------------|
| <u>Aug 4</u> | Sandy Thom | Sterling Elbert | Doug Pickering Patrick Wolfe Cheryl (K) Elbert | James Campbell & Doug Pickering |
| <u>Aug 11</u> | Amber Wilson | Sarah Elbert | Dennis Heidlage Leah Heidlage Maria Wagner | Lee Kutz & Ray Elbert |

PLEASE KEEP IN YOUR PRAYERS: Margie Mettlach, Marie Jasumback, Jim and Veda Perrin, Marion Tomlinson Williams, Monta Heidlage, Rosemary Boes, Father Peter Morciniec, Brenda (Wroblewski) Buchannon, Maura Sparks, and all the sick and shut-ins of our parish.

PRAYER

In families striving to stay intact through adversity. Let us see Christ.

In the poor and lonely of the world. Let us see Christ.

In those forced to leave their homes because of war or famine. Let us see Christ.

In children who go to bed hungry and who cannot attend school. Let us see Christ.

In those who are living with HIV/AIDS and other diseases. Let us see Christ.

In immigrants and refugees seeking freedom and hope. Let us see Christ.

In those who are orphaned or abandoned. Let us see Christ.

In the elderly who are forgotten. Let us see Christ.

In those who struggle to find meaningful work. Let us see Christ.

In those who work for justice and peace for all people. Let us see Christ.

Let us pray. Jesus, teach us to recognize your presence in those who are in need. May we give of ourselves in service to them and so hasten the coming of the Kingdom you have promised, where you live with the Father and Holy Spirit, one God, forever and ever. Amen.

18th Sunday in Ordinary Time

August 4, 2024: Ex 16:2-4,12-15 | Ps 78:3-4,23-25,54 | Eph 4:17,20-24 | Jn 6:24-35

Pray: Heavenly Father, thank you for giving us the gift of Jesus, the bread of heaven. Amen.

Christ nourishes our hungry and thirsty souls with His own Body and Blood.

Jesus loved using simple examples to teach about Himself, the way to holiness, and about heaven. He knew everyone would understand the natural experience of hunger and thirst for food and drink and how it affects people's lives. A baby cries when it is time to nurse. Children get fussy before dinnertime... sometimes adults do, too! Students and workers who do not eat breakfast might notice that their concentration and work performance suffer. Those who go shopping on an empty stomach tend to make unhealthy choices and do more impulse buying.

Hunger can affect mental health and cognitive abilities, causing fatigue, depression, and irritability. On the other hand, those who maintain a healthy, balanced diet on a regular schedule feel better, have more energy, lead more active lives, have fewer diseases, have happier moods, and usually live longer lives.

Beyond hunger and thirst for food and drink, many naturally crave other things that can shape their lives for the good or the bad. Some have a strong desire for acceptance, popularity, power, control, pleasure, or wealth. These powerful forces of hunger can destroy us through things like obsessive gambling, drugs, alcohol, sex, and other addictions.

Jesus sought to help the crowds following Him to

Capernaum make a new spiritual connection to satisfy their hungry hearts and souls. He wanted them to understand the real meaning behind the manna in the desert and the miracle of the loaves and fishes. The Father had sent Him to nourish our souls as heavenly food. His wholesome grace would give us the power to avoid temptations, satisfy our unhealthy passions, and draw us to holiness.



Christ is the Bread of Life sent from God to feed their souls and ours. It is a gift of the Father to draw believers to Jesus. All that is required is that we truly believe that He is the Son of God and follow Him and His teachings with our whole hearts and lives. We must sincerely believe in and receive the gift of His Body, Blood, Soul, and Divinity in the Holy Eucharist. This holy food for our souls will nourish us in faith, hope, and love and lead us to eternal life.

Reflect & Discuss:

- † Are you hungry for Jesus in your life, or do you hunger for something else?
- † How is the True Presence of Jesus in the Eucharist transforming your life in Communion with Him?
- † How does receiving Christ in the Holy Eucharist help us in today's challenging world?